What does our school do to stop bulling?

- We have '**worry jars'** in every classroom to allow an adult to check in with you about any worries you may have.
- We have '**Wellbeing Ambassadors'** in Year 6 who you can talk to about your worries and they will pass these on to an adult
- We have '**Wellbeing Champions'** in each junior class who you can talk to about your worries and they will pass these on to an adult
- We have a '**friendship bench'** in the science garden that allows you to speak with other peers if you are feeling down.
- We have regular circle times or PSHE sessions in class when we can talk about friendship and bullying and any other concerns we may have
- You can have your say through school council and the pupil questionnaire
- We have our Need to Talk button on our website which can be accessed 24/7 although staff will only access it the following day.

NEED to TALK?

What should I do if I see someone else is being bullied?

- Make sure that the person being bullied is okay.
- Tell the bully to stop if it is safe to do so.
- Always tell an adult if you see somebody getting bullied.

The Head, the school committee and the staff will work together to meet our aims:-

- To make our school a happy and caring place for everyone where bullying is **not** accepted.
- That everyone in our school and community knows what bullying is.
- To help the people who are being bullied by helping to solve the problem.
- That all children know that reports of bullying will be dealt with seriously.

This leaflet supports the UN Convention on the Rights of the Child namely Articles : 3, 6, 12, 23, 24, 27, 29, 31, 36, 39.

Updated – Dec 2023

The Three Saints Academy Trust

St Mary & St Thomas CE Primary School

Believe Achieve and Shine

CHILD - FRIENDLY ANTI - BULLYING GUIDE

What is Bullying?

In our school a bully is somebody who ***several times on purpose*** hurts, threatens or frightens someone. This can be face to face, via messaging or online.

We promise to always treat bullying seriously.

What are the different types of bullying?

Emotional
Hurting people's feelings, leaving you out.

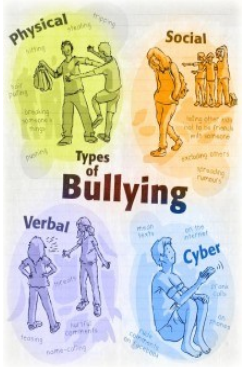
Physical
Punching, kicking, spitting, hitting, pushing.

Verbal
Being teased, name calling

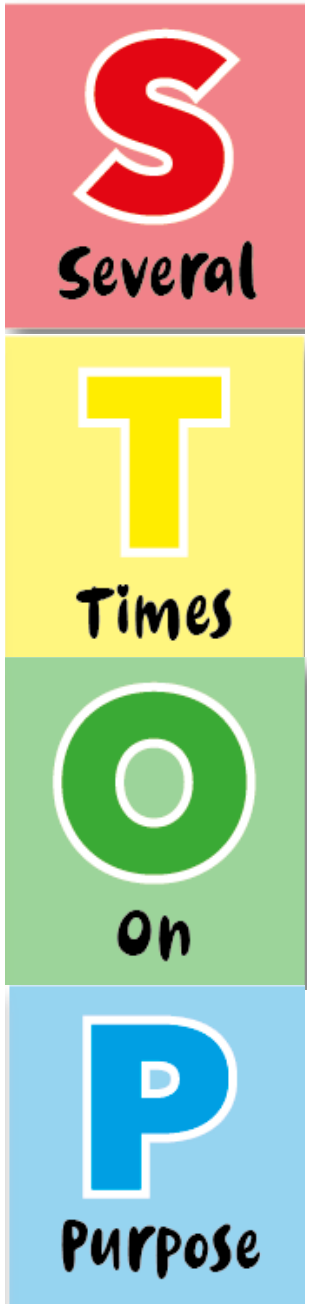
Racist

Graffiti, calling you racist names

Cyber
Saying unkind things by text, WhatsApp, on video games



When is it bullying?



Who can I talk to?

A friend

A teacher

Parents/Carers

Wellbeing Ambassadors

Wellbeing Champions

A trusted adult

You can also use a worry jar to let someone know you want to talk!

WE CAN ONLY HELP IF WE KNOW ABOUT IT.

S start

T telling

O other

P people